

Success with Coach Cher

Mindset and Confidence Shift Assessment Tool for Entrepreneurs

BUSINESS, MINDSET & CONFIDENCE COACH

Designed by Cher Sorzano, MBA, MSc., CPC, Certified Professional Coach
Specializing in Business, Mindset & Confidence



1 2 3 4 5



I identify and eliminate
limiting beliefs

1 2 3 4 5



I manage leadership stress
effectively

1 2 3 4 5



I practice affirmations,
meditation, and or prayer daily

1 2 3 4 5



I keep a business coach in
my contacts

1 2 3 4 5



I respond to calls and emails
within 24 hours

Instructions

Review each question and select the one that best describes you as a business leader. At the end, tally your scores.

0-15 = You have a weak mindset and low confidence in your abilities as a business leader. Confidence and mindset work is needed to improve your business acumen.

16-31 = You have growth mindset and moderate confidence in your abilities as a business leader. You can use some improvement in confidence and mindset to help build your business and see further success.

32-50 = You have a focused mindset and strong confidence in your abilities as a business leader. You would expand your business further with adopting ways that help you to maintain your mindset and confidence level.

(1) - strongly disagree (2) - disagree (3) - neutral
(4) agree (5) strongly agree

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I assess how my business
benefits others

1 2 3 4 5



I remain positive despite
what I see

1 2 3 4 5



I concentrate on successes
rather than my failures

1 2 3 4 5



I read at least 4 books per
year

1 2 3 4 5



I am authentic

Additional Notes:

dreamstime.

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